

## Notice of a public meeting of

## **City of York Outbreak Management Advisory Board**

To: Councillors Aspden (Chair), Runciman (Vice-Chair) and

Myers

Ian Floyd - Chief Operating Officer, CYC

Sharon Stoltz - Statutory Director of Health for the City of

York, CYC

Amanda Hatton - Corporate Director of People, CYC

Siân Balsom - Manager, Healthwatch York

Marc Bichtemann - Managing Director, First York Lucy Brown - Director of Communications, York

Teaching Hospital NHS Foundation Trust James Farrar - Local Enterprise Partnership Professor Charlie Jeffery - Vice Chancellor and

President, University of York

Phil Mettam - Track and Trace Lead for Humber, Coast and Vale, NHS Vale of York Clinical Commissioning Group

Julia Mulligan - North Yorkshire Police, Fire and Crime

Commissioner

Dr Simon Padfield - Consultant in Health Protection,

Public Health England

Mike Padgham - Chair, Independent Care Group Steph Porter - Acting Director of Primary Care and

Population Health, NHS Vale of York Clinical

**Commissioning Group** 

Alison Semmence - Chief Executive, York CVS

Dr Sally Tyrer - General Practitioner, North Yorkshire

**Local Medical Committee** 

Lisa Winward - Chief Constable, North Yorkshire Police

Date: Wednesday, 13 January 2021

**Time:** 5.30 pm

Venue: Remote Meeting

## **AGENDA**

- 1. Declarations of Interest
- 2. Minutes of the Meeting held on 9 December (Pages 1 8) 2020 and actions arising
- 3. Current Situation in York (Pages 9 10)
- 4. Verbal Update on the Covid-19 Vaccination
- 5. Covid-19 Lateral Flow Testing (a presentation will be given at the meeting)
- 6. Impact of the Lockdown: Verbal Update from North Yorkshire Police
- 7. Communications and Engagement (Pages 11 30)
- 8. Update from Sub-Group: Universities and (Pages 31 32) Higher Education establishments
- 9. Agenda Items for the Next Meeting
- 10. Dates of Future Meetings
- 11. Any Other Business

For more information about any of the following please contact Democratic Services at democratic.services@york.gov.uk:

- Business of the meeting
- Any special arrangements
- · Copies of reports and
- For receiving reports in other formats

# This information can be provided in your own language. 我們也用您們的語言提供這個信息 (Cantonese)

এই তথ্য আপনার নিজের ভাষায় দেয়া যেতে পারে। (Bengali) Ta informacja może być dostarczona w twoim własnym języku.

Bu bilgiyi kendi dilinizde almanız mümkündür. (Turkish)

(Urdu) یه معلومات آب کی اپنی زبان (بولی) میں بھی مہیا کی جاسکتی ہیں۔

**7** (01904) 551550



City of York Council	Committee Minutes
Meeting	City of York Outbreak Management Advisory Board
Date	9 December 2020
Present	Councillors Aspden (Chair), Runciman (Vice-Chair) and Myers Sharon Stoltz - Director of Public Health, CYC Maxine Squire - Assistant Director of Education, CYC (Substitute for Amanda Hatton) Marc Bichtemann - Managing Director, First York Lucy Brown - Director of Communications, York Teaching Hospital, NHS Foundation Trust James Farrar - Local Enterprise Partnership Professor Charlie Jeffery - Vice Chancellor & President, University of York Julia Mulligan - North Yorkshire Police, Fire & Crime Commissioner Steph Porter - Director of Primary Care & Population Health, NHS Vale of York CCG Beverley Proctor - Chief Executive, Independent Care Group (Substitute for Mike Padgham) Alison Semmence - Chief Executive, York CVS Lisa Winward - Chief Constable, North Yorkshire Police
Apologies	Ian Floyd - Chief Operating Officer, CYC Amanda Hatton - Corporate Director of People, CYC Sian Balsom - Manager, Healthwatch York Phil Mettam - Track and Trace Lead for Humber, Coast and Vale, NHS Vale of York Clinical Commissioning Group Dr Simon Padfield - Consultant in Health Protection, Public Health England Mike Padgham - Independent Care Group Dr Sally Tyrer - General Practitioner - North Yorkshire Local Medical Committee

In Attendance Simon Brereton – Head of Economic Growth,

CYC

Claire Foale - Head of Communications, Customer Services and Digital, CYC

Andrew Lowson – York Bid Representative Fiona Phillips – Assistant Director of Public

Health, CYC

#### 76. Declarations of Interest

Board Members had no interests to declare.

# 77. Minutes of the Meeting held on 18 November 2020, and actions arising

There were no matters arising from the previous minutes. The Board approved the minutes as an accurate record of the meeting held on 18 November 2020.

## 78. Verbal Update: Covid-19 Mass Vaccination

Stephanie Porter, Director of Primary Care and Population Health for the NHS Vale of York Clinical Commissioning Group (CCG), gave a verbal update on the covid-19 mass vaccination regime.

As the Pfizer vaccine had now been licensed and approved, 40 million units had been ordered. Nationally, there were currently 800,000 units available. Due to one and a half doses being needed, this would be enough for 400,000 people. The vaccine was safe and highly effective but was quite complex to move because of its fragility. This would be managed appropriately through the agreed operational instructions. The CCG had been working with primary care partners to ensure that a small amount of vaccine would be ready before Christmas. The majority of the vaccines were expected to roll out in the early Winter/Spring of 2021.

The national government had secured six different types of vaccines, amounting to 350 million doses. All high risk groups were expected to have been vaccinated by Spring 2021. All prioritisation was being set at a national level, with specific high risk groups given preferential treatment. Complementary communication messaging would run alongside the national vaccination regime to ensure a good take up of the vaccine. Charlie Jeffery, Vice Chancellor and President of the University of York,

asked how much of the priority list would have been vaccinated by April. The Board discussed this and agreed that it was too early to speculate because of the reliability of the supply chain.

#### 79. Current Situation in York

Fiona Phillips, Assistant Director of Public Health at City of York Council, gave a brief update on the data at page 9 of the agenda pack. The number of positive cases had been steadily declining and now averages at 17 cases per day. The goal of a positivity rate below 5% had also been achieved, with the rate now standing at just over 2%. In total there had been 191 covid-19 related deaths in York.

The Board noted the update and thanked the Public Health Team.

# 80. Communications and Engagement (including updates from campaign task and finish groups)

Claire Foale, Head of Communications for the City of York Council, gave a presentation on the continued messages and engagement carried out by the Council.

During the second lockdown, the frequency of the Facebook Live Q&A sessions had been increased to weekly to ensure that the public were well supported around any queries they had. Claire thanked Sharon Stoltz and the rest of the Public Health Team for their involvement in the public engagement sessions. They had now been reduced to monthly and would be more targeted since York was currently a Tier 2 area. There had been great support from the local media in helping to disseminate public health messages promptly. In efforts to ease lockdown fatigue, focus was now being put on we what could be done instead what could not.

The Emotional Health Campaign was the current focus for the communications team. Support had been received for the local CVS which covered a range of existing mental health support services. An email to employers explaining this had also been developed to help workplaces understand what support was available. The regular 'temperature checks' had continued, which gave people the chance to share their feelings on the public health messages to ensure they were being properly understood. This also helped to gauge how comfortable the public felt in different public places and spaces.

Preparations had started for the announcement on the 16<sup>th</sup> December, which would confirm which tiered restrictions would be applied to each area. Plans were being made for Tier 1 restrictions, to ensure York was

prepared for all scenarios even though it was expected that the city would stay in Tier 2. Messages had also been prepared for sharing over the Christmas period to ensure there was not another spike in cases after the holidays.

Clarity was sought around the Christmas rule of three households meeting and whether this could be in hospitality arenas or just in private houses. The Chair agreed to discuss this with a government minister on future regional calls.

**Action 017:** Cllr Keith Aspden to discuss this with a government minister.

The Board noted the Bronze Award recently awarded to the Communications team for their response to the pandemic. The Chair thanked the team for their work, and Claire Foale thanked partners and highlighted the great collaborative work that had been adopted during the pandemic.

The Board noted the presentation.

# 81. Update from Sub-Group: Universities and Higher Education Establishments

Charlie Jeffery updated the Board on managing the transfer of students returning from their university accommodation to their family home for the Christmas period.

Students would be tested with a lateral flow test (LFT) before they left. Eight thousand tests had been carried out at both of the university sites and only two positive results had been received. Both universities currently had ten active positive cases, which were being managed appropriately. Of all the completed tests, only 20 had void results. These rates had been discussed with the Public Health Team and it was explained they were reflective of the trends seen in the wider community. The return of students would be staggered over five weeks from 4 January 2021. Students would be strongly encouraged to take up an LFT on their arrival back at the university.

Charlie also reported that both of the universities had been working with York and Hull hospitals to collaborate on the loop-mediated isothermal amplification (LAMP) testing. This was done through a national scheme which had invited this collaboration. This type of testing would initially be offered to NHS frontline staff but with the possibility of extending the provision to universities if the resource allowed it.

The Board noted the update from the Sub-Group.

## 82. Analysis of the Impact of Covid-19 on the Economy

Simon Brereton, Head of Economic Growth at City of York Council, gave a presentation on the impact of Covid-19 on the York economy.

Retail contributed 8% of the local gross value added (GBA). It only accounted for an eighth of the economy but made up a quarter of all employment in the city. Visitors were crucial for the city centre as more than £100 million had been lost in revenue compared to Quarter Two from last year. Simon reported that in Quarter Three, 46% of spend came from over 50km away.

Councillor Myers asked how York had experienced the highest number of store closures in the area even though prior to the pandemic the number of vacancies in the city had been among the lowest. Simon responded that York was still well below national averages in terms of shop vacancies but there had been a number of closures throughout the year. The larger chain stores were among the most heavily hit throughout the country and most of these had a presence in York.

James Farrar, the Local Enterprise Partnership representative, informed the Board that international travel would be low for a number of years, which was expected to cause a rise in 'staycation' holidays. York was a desirable place for this type of holiday. This could be used as an opportunity to re-think the offer in the city centre. Marc Bichtemann, Managing Director of First York, expressed similar sentiments, stating that we needed to sell York to the right market.

The Board noted the presentation.

# 83. Covid-19 Testing - Presentation

Fiona Phillips gave a presentation on the plans regarding York's lateral flow testing programme.

After the testing priorities had been agreed at the last meeting, a number of national lateral flow schemes had been announced. Results from some of the national pilots assessing the effectiveness of lateral flow tests in the field had also started to be received. Whilst the lateral flow tests were not as accurate as PCR testing, there was a benefit to finding asymptomatic cases and ensuring the public health action was taken with these cases. Using these tests where prevalence was highest would yield the most benefit.

Fiona asked the Board for an agreement on the order of priority in which groups should be offered testing. The retail, hospitality and transport sectors had been identified as a priority group as they came into contact with a lot of people and therefore were expected to have a high positivity rate. Vulnerable people still had to go shopping and reducing the transmission in these sectors would help them as well. The other priority group identified was those in the care sector who were not covered by any of the national programmes, including the voluntary sector and unpaid carers who came into contact with vulnerable people. As this could not be mandated it would still be each person's choice to get tested. Fiona informed the Board that it was hoped to have one testing site operational before Christmas.

There was a discussion amongst Board members of the positives and negatives of any decision on provision, while seeking guidance from the public health team. The Board supported the testing provision being prioritised for the hospitality, transport and retail sectors, but with the view that it would be expanded to other groups as quickly as possible.

After the first site had become operational, other sites for testing would be identified. Pop-up sites were also being looked into for areas where the prevalence might be higher than the city's average. A postal offer for care workers who were not included in the national offer was also being explored, but currently had not been approved by the Department of Health and Social Care.

The Board noted the presentation.

# 84. Covid-19 Contact Tracing - Presentation

The local contact tracing service followed up over 70% of all contacts they received. Fiona Phillips informed the Board of a case study from one of the contact tracers. After a case had been found to be in hospital, the contact tracing team had followed up with a family member who was able to identify where the individual had been and who they had been in contact with. The family were also given advice around how to self-isolate safely. They needed to be appropriately recorded in the national system in order for isolation payments to be available. If this call had not been followed up, this individual would not have been eligible for isolation payments as they wouldn't be registered in the national system.

The Board noted the presentation.

# 85. Agenda Items for the Next Meeting

The Chair confirmed that there were three standing items for all future agendas:

- Current Situation in York
- Communications and engagement
- Updates from Sub-Group/ Task and Finish Groups

Board members were asked to email any further suggestions for future agenda items.

# 86. Dates of Future Meetings

The agreed dates of future meetings were as follows:

- 13th January 2021
- 10th February 2021
- 17th March 2021
- 7th April 2021
- 19th May 2021

## 87. Any Other Business

The Board had no other business to discuss.

Cllr K Aspden, Chair [The meeting started at 5.30 pm and finished at 7.42 pm].

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#### **Business Intelligence Hub**

#### Covid-19 in York: Public Health Data - One Page Summary (as at 11.1.21)

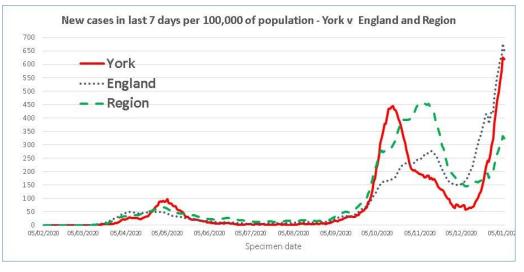
#### **Key Impacts**

- As at 10.1.21 York has had **9,111** cases since the start of the pandemic, a rate of **4,325.8** per 100,000 of population. The cumulative rate in York is **below** the national (4,733.1) and regional (5,119) averages.
- The latest official "validated" rate of new Covid cases per 100,000 of population for the period 30.12.20 to 5.1.21 was **618.7.** The national and regional averages at this date were 650.9 and 324.8 respectively (using data published on Gov.uk on 10.1.21).
- As at 7.1.21, the latest **14 day** positivity rate in York (Pillar 1 and 2 PCR tests combined) was **17.4%**. The national and regional averages were 18.4% and 13% respectively.
- There have been **218** deaths of CYC residents, 91 of which were in care homes. There have been **46** Covid-19 deaths of CYC residents reported by ONS in the last 12 weeks. The death rate in York is **below** the England average but a higher % of deaths of York residents have occurred in care homes.

#### Impact by age and gender

• **46**% of those testing positive in York have been aged under 30. **54**% of those testing positive in York are female. **49.1**% of those who died were male, a lower proportion that the national average (55.3%). The average age of the people who died was **81.8**, with an age range of 44-104.

#### **Trends**



• The 7 day rate of cases per 100,000 in York has risen sharply since mid December in line with the national average.

#### **NHS Test and Trace**

- Since 28.5.20 a total of 8,055 laboratory confirmed CYC Covid cases have been uploaded into the NHS Test and Trace system and 7,118 of the cases have been completed (88.4%). 20,207 'contacts' have been identified and 14,351 of these have been completed (71%).
- Local Tracing of Cases: Between 22.10.20 and 1.1.21, **456** 'actionable' positive COVID-19 CYC cases have been referred to the local contact tracing service. 442 of the referrals (**96.9%**) have been actioned and 14 are still 'in progress. Of the referrals actioned, 315 were successful and 113 were unable to be reached via phone or home visit, but guidance leaflets were posted where possible.

A weekly release of Covid-19 data is published on York Open Data.





# YORK OUTBREAK CONTROL Communications update

13 January 2021

Page 11





# Key messages

Stopping the spread of the virus is in all our hands:



Wash them regularly



If you have symptoms stay home and get tested





Socially distance - 2m is best





# The three phases of outbreak management communications



# Phase I

 Prevent - Provide updates about the current situation to prevent outbreaks

# Phase 2

 Respond – Share information in responses to an alert following increased cases and/or change in restrictions

# Phase 3

Manage the outbreak



# A phased approach



Phase		Approach (including aims)	Timing
Phase I	Regular updates of current situation to try and prevent outbreaks	Keep residents, businesses and partners informed Ensure consistent messaging and build advocacy through the Let's be York campaign. Show how keeping city safe for different audiences, eg. visitors – Visit York/Feel at Home in York Share case data regularly so people understand current situation Continue partnership approach including working together on discrete issues Develop specific messaging for target audiences Maximise reach and understanding of what to do. Embed public health messages in recovery work and communications	Page 14
Phase 2	Alert following spike in cases and/or change in restrictions	Public health warning following increase in cases Reiterate public health messaging in clear way Offer guidance and practical support. Share message widely Share video content from public health professionals to explain latest advice in an engaging way Address inaccuracies/provide context	30 December 2020 Tier 3
Phase 3	Manage outbreak	<ul> <li>Initiate the covid-19 incident comms plan (see annex A)</li> <li>Deliver a regular drumbeat of accurate / up-to-date information as directed by cobra and relevant phase</li> <li>Signpost support</li> <li>Promote unity and community cooperation</li> <li>Target information</li> </ul>	5 January 2021 Lockdown

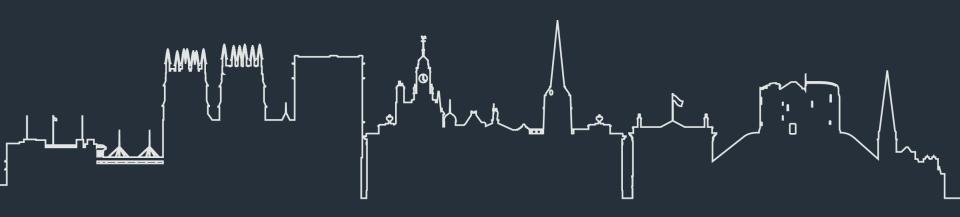
# Communications roadmap



	20	2020							2021				
	М	A	М	J	J	A	S	0	N	D	J	F	М
Restriction communications	Restriction communications lockdown			Tier I T2 lockdown T3				Т3	lockdown				
Regular updates / e-newsletters	daily												
Direct publications, Our City	mon		thly			quarterly				monthly			
Facebook live – ask the leaders							monthl	У	weekly		we	ekly	
Let's be York (Safe reopen)				Bus	siness	oack, signage, social, web, PR							Page
Let's be York (keep open)							Out	side, so	cial				
Let's be York (Xmas/keep going)													Ŋ
We've got it covered							Soc	ial, PR, v	web				
18-34 yo residents								social					
afe return to school						direct,							
Emotional health									PR, fac	cebook	k, social,	outside	9
Testing strategy											Direct	, web, s	ocial,
- Vaccinations											Mythb	usting s	ocial
Complacency											Web, s	ocial, d	irect



# Phase I Regular update of current situation to try and prevent outbreaks

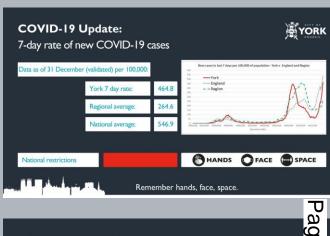




# Share accurate and timely messaging

# 24 x press releases

Date	Title
06 January 2021	York expands symptom-free testing offer
06 January 2021	Live Q&A to discuss residents' council budget and public health questions
06 January 2021	Essential frontline services protected during lockdown
05 January 2021	Council acting to distribute business grants as soon as possible
04 January 2021	Council reacts to new national restrictions
04 January 2021	Media operation note
31 December 2020	Let's look after each other
31 December 2020	Council to simplify Tier 3 support grants for businesses
31 December 2020	Temporary blue badge shuttle service to end
30 December 2020	York responds to latest government announcement
29 December 2020	See in the New Year safely at home
27 December 2020	Council deploys flood defences as city remains open for COVID-secure business
23 December 2020	Please stay safe and look after each other
23 December 2020	Council thanks residents as thousands book symptom-free tests
23 December 2020	Have a happy and safe Christmas
21 December 2020	UPDATED: See in the New Year safely at home
18 December 2020	Symptom-free testing expanded
18 December 2020	York works together to support residents at Christmastime
18 December 2020	Book essential food and prescriptions now!
18 December 2020	New covid marshalls start to help protect people and places
17 December 2020	Council responds to confirmation of continued Tier-2 restrictions for York
15 December 2020	Live Q&A's to discuss Coronavirus during the festive season
11 December 2020	Booking open for York's targeted symptom-free covid testing
11 December 2020	Shop local and continue to protect your loved ones this weekend.









# And address inaccuracies ...







# Build confidence in the steps taken and what people need to do



Due to government guidelines the bells at York Minster will not ring this New Year's Eve, and for this year only

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we encourage you to celebrate at home - or in the advised bubbles - while we all do our bit to keep people as healthy as possible ahead of a brighter New

York Minster

The council is working closely with partners and using a variety of channels to reach as many people as possible.

Continued our regular communications and updates:

- 2x weekly email updates to members and partners (126 recipients)
- 2x weekly resident e-newsletter (1,494 recipients)
- Weekly business e-newsletter (1,367 recipients)
- Weekly families e-newsletter (1,029 recipients)
- Regular press releases and media interviews
- Social media campaigns / weekly public health video





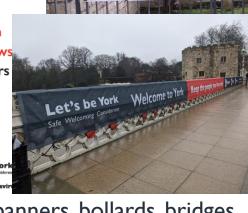
# Prepare for more Christmas visitors





Let's be York





Keep the

open windows

Welcome to York

Keep the people we love safe



City of York Council 2



Posters at shopping sites and postcards for covid marshals



Animation on social and digital display via bike



🛕 👨 🔆 Let's keep the people we love safe and the

places we love open, this Christmas in York.

# Build engagement through conversation





- Held media briefings at change of restrictions (5 January)
- Held facebook live (6 January)

Reach: 8,300

Engagement: 1,001

Comments: 77

Radio call-ins

 Social media boosted Our Big Conversation "temperature check"



VIDEO: Health and Wellbeing Board, 6 January 2021:



Health and Wellbeing Board, 6 January 2021
AGENDA1. Declarations of Interest 00:00:392. Minutes
00:00:543. Public Participation 00:01:084. Review of Terms of ...

& youtube.com

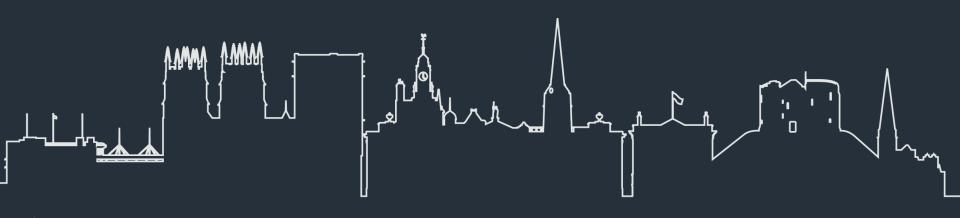
7:01 PM · Jan 6, 2021 · Hootsuite Inc.





# Phase 2

# Alert following increase in cases and or change in restrictions



# Tier 3 communications



- Share accurate and timely information
- 2. Further engage residents by using the tier process as a catalyst for increased communications:
- Resident, partner and members update
- Internal communications
- Social statement and social comms to clarify rules
- Update website
- Shared Covid help contact details





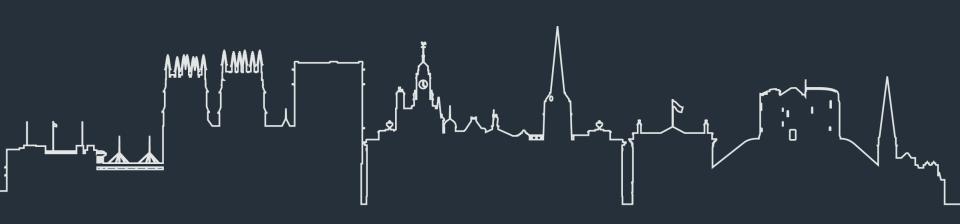






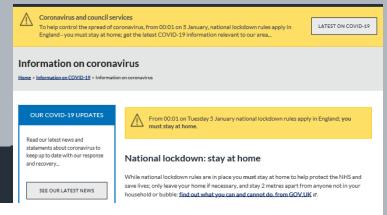
# Phase 3

# Manage outbreak



# Lockdown communications

- 1. Share accurate and timely information
- 2. Further engage residents by using the restrictions as a catalyst for increased communications
- Resident, partner and members update
- Internal communications
- Social statement and social comms to clarify rules
- Update website
- Briefing via live facebook Q&A on 6 January 2021
- Shared Covid help contact details
- Distributed posters



#### NEWS

4th January

New national lockdown - York council says it will support communities



Following this evening's (4 January) announcement from the Prime Minister, City of York Council has moved to reassure residents and businesses that it... See more



Cllr Keith Aspden, Leader of City of York Council

www.nhs.uk/coronavirus

YORK

#### Coronavirus update: 4 January

"Over the last few weeks we have seen the number of infections significantly increase across all age groups. This is a cruel and unforgiving virus and therefore, we must do all we can to protect ourselves and each other by reducing our risk of spreading the virus and remembering Hands

\*None of us want to see further restrictions on our lives, but it is crucial that we stop the spread of the virus as the vaccine is rolled out. Everyone has sacrificed so much to look after each other, collectively w

Sharon Stoltz, Director for Public Health, City of York Counci

- Mary Mily and

www.nhs.uk/coronav

# age 2

#### 1. Lockdown restrictions in England

Last night the government announced lockdown restrictions in England. These will be reviewed again in mid-February. The country must now stay at home, protect the NHS and save lives.

The rules mean that people can only leave home for the following reasons:

- shop for basic necessities, for you or a vulnerable person
   go to work, or provide voluntary or charitable services, if
- go to work, or provide voluntary or charitable services, if you cannot reasonably do so from home
- exercise with your household (or support bubble) or one other person, this should be limited to once per day, and you should not travel outside your local area.
- meet your support bubble or childcare bubble where necessary, but only if you are legally permitted to form one
- seek medical assistance, including getting a Coronavirus test or avoid injury, illness or risk of harm (including domestic abuse)
- · attend education or childcare for those eligible

Full guidance is available at https://www.gov.uk/guidance/national-lockdown-stayat-home

The Prime Minister's address to the nation is available at: https://www.gov.uk/government/speeches/primeministers-address-to-the-nation-4-january-2021

#### 2. What we can all do to help

Please look out for each other. We all can play our part if we

# Build confidence in the steps taken and what people need to do

12:04 PM - Jan 7, 2021 - Hootsuite Inc.

Signposted support to different groups

Reminding residents what they can do (safe behaviours) to help stop the spread of the virus and keep homes and families in York safe

**Communications objectives:** 

**Think:** know that whilst in lockdown there are things they can do and support available

Feel: supported and engaged with Covid safety measures, feeling more control over own safety

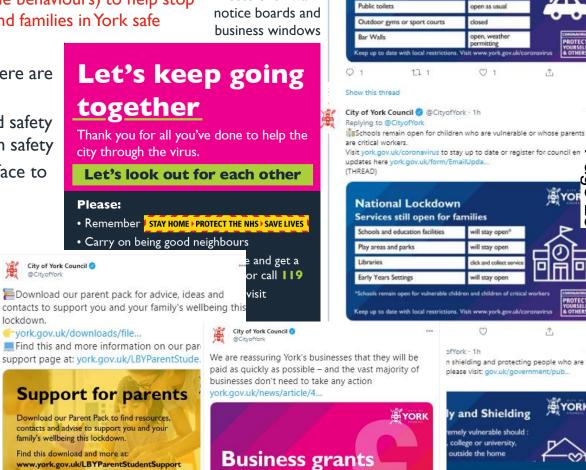
**Do:** stay home and follow hands, space, face to help keep everyone safe



Reassured parents about early years continuing



Reassured residents about frontline services



City of York Council @ @CityofYork - 1h

National Lockdown Accessing council facilities Household waste and recycling centres

17 1

(THREAD)

Car parks

Posters for ward

york.gov.uk/news/article/4,... york.gov.uk/coronavirus

The council is working hard to ensure critical frontline services

continue during the new national lockdown restrictions. Read more here:

open (no need to book)

open as usual

open as usual

permitting

0 1

will stay open

will stay open

will stay open

n shielding and protecting people who are

Social media

what you can do

please visit: gov.uk/government/pub...

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mely vulnerable should

college or university, outside the home

Picadilly car park clo

# YORK

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# Build confidence in the steps taken and what people need to do



Top 5 tips for looking after your health and wellbeing

Taking care of your mind as well as your body is really important while staying at home because of coronavirus.

Reminding residents what they can do (safe behaviours) to help stop the spread of the virus and provide health and wellbeing support

Open letter to all residents

Letter to shielded

Letter to all other households (not shielding)

A5 health and wellbeing booklet

31 January anniversary

Health and wellbeing information to support you during this difficult time

January 2021

Thank you for all you have already done during the pandemic. You demonstrated the very best of our city. Throughout last year, you kept cases the lowest in the region and together we controlled the spread of the virus. You adapted quickly, followed Hands, Face and Space and supported each other. Now, the new variant and relaxations over Christmas have created new challenges and we must adapt again. We know that I in 3 people don't have symptoms of Covid-19 and could be spreading the virus unknowingly. So please, act as if others have it and remember STAY HOME > PROTECT THE NHS > SAVE LIVES out have symptoms — a temperature, prolonged cough and loss of your sense of smell or taste - do not go outside. Only go out for a test which you can arrange at nhs.uk/coronavirus or by calling 119.

es: it's normal to feel e current situation. Talk re how you are feeling.

and set goals: you ay as achieving it gives se. Good-quality sleep lly and physically better:

d information
I social media updates
to limit them.

try something past-times, learn e time to relax. This help lift your mood

hysical health has a t healthy, well-balan d exercise regularly.

look after your

ou or for things to do

Covid-19 helpline

If you're on your own and don't have any support, we can help you.
Please email: covid | 9help@york.gov.uk
or call: 01904 551550



# Build confidence in the steps taken and



# **Testing**



#### COVID-19 testing in Secondary Schools in York

All Secondary Schools in York, in collaboration with City of York Council Public Health officials have prepared a "belt and braces" COVID-19 testing plan to support their pupils' safe return to school. This leaflet aims to guide parents and legal guardians through the process.

what people need to do







Lateral flow tests will also be available within each Secondary school in York. The purpose of these tests will be to minimise the amount of time pupils spend in self-isolation after being identified as a close contact of someone who has tested positive for COVID-19. This also reduces the need for whole bubbles to self-isolate.



Close-contacts are invited to participate in the contact testing program

If contact testing is negative





Supported secondary schools

Direct mail to residents and responded to community facebook groups

Promoted booking a symptom-free test to key groups



#### **Dear Resident**

As you will be aware cases in the city are rising and we need your help.

In recent days we have seen a spike in the number of cases in your area and are offering you the chance to get a symptom-free test to help keep you and those around you safe.



West Offices Station Rise York YO1 6GA

Enquiries.publichealth@york.gov

To all residents of Woodthorpe and Dringhouses ward

#### Dear Resident

As you will be aware cases in the city are rising and we need your help.

In recent days we have seen a spike in the number of cases in your area and are offering you the chance to get a symptom-free test to help keep you and those around you safe.

1 in 3 cases of Coronavirus have no symptoms but for some catching Coronavirus can have serious consequences. You could be spreading the virus to those you care about without knowing it.

To help stop the spread we are asking for you and your family to get a test. We are setting up a testing site at York Acorn Rugby Club, Thanet Road, YO23 2NW to make it as easy as possible for you to get a test. This site will be open from Wednesday 6th - 13th January inclusive.

#### How it works

Book to have a test at www.nhs.uk/coronavirus. On this website select that you do not have symptoms of coronavirus, but in the relevant section choose the option 'my local council or health protection team has asked me to get a test even though I don't have symptoms'. Then select the site at York Acorn Rugby Club. Testing can be undertaken on anyone aged 5 and over. We do not recommend being tested if you have tested positive in the previous 90 days. If you are unable to book online you can walk in for a test, but to avoid

# Build confidence in the steps taken and what people need to do

#FeelRealYork

With best wishes

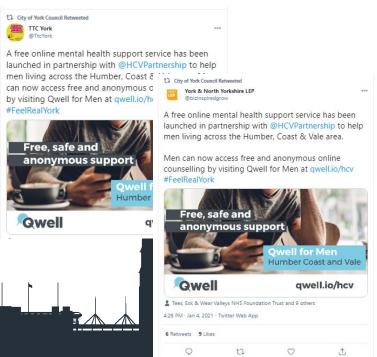


# **Emotional** health

Partner pack for businesses distributed

Continuing to share social and signpost support

Producing pack for children and parents and Emotional health and wellbeing newsletter to children and young people (via schools)





Provided partner packs



Attached is a social media toolkit to use in the new year, to help you share resources to help improve and maintain emotional

fitness. Thank you for sharing this support. Working together we hope to help improve our city's emotional health and maintain



# Planning outbreak communications

- Complacency campaign, with partners including the hospital and sports clubs
- Vaccination programme



# Universities and Colleges Sub Group - Update for the Outbreak Management Advisory Board

#### **Summary**

This paper provides an overview for the Outbreak Management Advisory Board on how Universities and Colleges have been working with the City Council to respond to the latest lockdown, and how we have been working jointly to support the further roll out of mass asymptomatic testing across the City.

#### Detail

#### 1. Immediate Lockdown Response

Since the initial lockdown announcements on 4 January, the Department for Education has published further guidance for <a href="https://higher.com/higher.

For Further Education, most students will learn remotely, with in person places limited in line with schools to vulnerable children and young people and the children of critical workers.

#### 2. Support for Students

Another period of lockdown will, undoubtedly, have a significant effect on students across the city. All four colleges and universities have continued to invest considerable time and resources into the support available to students. For example, York College's Student Services function are available online, including live appointments for counselling and welfare services. Similar arrangements are also in place at both universities and at Askham Bryan College.

Support from the City Council in this area has also been particularly welcome and the Universities and Colleges subgroup wanted to record our thanks to the City Council for ensuring that working students are eligible for the <u>financial support</u> for members of the city community who have to isolate. We also know that periods of lockdown can have a significant effect on mental health. All institutions are offering support in this space for our students as part of our overall welfare efforts. The city wide support in this space has also been very well received, including the work CYC are doing with <u>QWell</u>, targeting men's mental health.

#### 3. Access and engagement with learning

For some students, continuing to access and engage with learning remotely will be a challenge, particularly for those who have limited access to devices or a lack of study space at home. The institutions are working to put support in place for students facing these challenges. In addition, colleges and universities have large numbers of students studying practical courses, where skills acquisition and development will be hindered by a further period of closure, where access to specialist staff, labs and equipment will be reduced.

Specifically in colleges, there has also been a growth in the requests to provide onsite tuition for a larger number of young people of critical workers and those with education, health and care plans, arising from a broadened list of eligible young people from the Department for Education.

#### 4. Asymptomatic Testing

Both college settings now also have access to asymptomatic testing for staff and students, in readiness for the reopening of settings, expected around the February half term period. York St John University and the University of York will also both continue to run asymptomatic testing for their staff and students, targeted at anyone who is currently studying in York (both students on face to face programmes, and those students who have stayed in York over the holiday period). So far this year several thousand tests have already been conducted across both test sites at the University of York and York St John University.

Both universities are also delighted to now be working in partnership with CYC to open up both testing sites to the wider public. Together, we will have created capacity for several thousand LFD tests a day within the city, <u>targeted at all those who are unable to work from home</u>. In support of local schools the test sites are also providing tests for secondary school pupils, creating space for schools to set up their own sites.

Universities and Colleges Outbreak Management Sub Group 11 January 2020